OUR COFFEE PROMISE
Our coffee is our pride and passion. This is why we have partnered with Dubai based speciality coffee roasters so we can provide you with premium, small batched coffees that have been ethically sourced from across the globe, bringing you the best taste possible. Ask us about our limited editions beans.

COFFEE AND TEA

Short
- Single espresso: 15
- Double espresso: 17
- Single espresso macchiato: 17
- Double espresso macchiato: 19
- Piccolo: 18
- Babyccino: 18

Long
- Americano: 17
- Caffè latte: 18
- Date latte: 23
- Cappuccino: 18
- Flat white: 18
- Macchiato: 21
- Iced latte: 18

* + Date syrup: +5
* + Extra shot: +5

Brewed coffee
- V60: 25
- Aeropress: 25
- Chemex: 25

Tap coffee
- Nitro: 25
- Cold brew: 25

Loose leaf tea
- Assam breakfast: 18
- Earl Grey: 18
- Organic and fairtrade gunpowder green: 18
- Peppermint: 18
- Jasmine pearls: 18
- White peony: 18

Homemade herbal tea
- Lemon ginger tea: 18
- Turmeric lemon tea: 22

Hot drinks
- Chai latte: 20 (8oz) 22 (12oz)
- Turmeric latte: 18 (8oz) 20 (12oz)
- Hot chocolate: 22 (8oz) 24 (12oz)
- Matcha latte: 20 (8oz) 22 (12oz)

Special milk
- Almond
- Soy
- Rice
- Coconut
- Camel
- Oat

JUICES

Please ask your waiter about the available selection of fresh cold pressed juices and organic press

FLOW’S FRESH HEALTHY SMOOTHIES

Smoothie of the day: 26
Banana blind date: 26
Date, banana, almond milk, oats
Superfood smoothie: 26
Mixed berry, chia seeds, beetroot, coconut
Detox smoothie: 26
Lemon, mint, spinach, avocado
 Açai my berry: 26
 Açai, mixed berries, rice mylk, yoghurt, flax seeds
Choco shake: 28
Homemade nutella, cocoa, banana, oat mylk
Peanut butter cup: 28
Homemade peanut butter, banana, soy mylk, oats

ADD TO YOUR SMOOTHIE

Vegan Superfood blend: 10
Pea and brown rice protein, Japanese mushroom, bilberry, camu camu, açai
Green detox shot: 10
Spirulina, chlorella, kelp, wheatgrass, match
Whey Protein muscle mix: 10
Whey isolate, coconut mineral, magnesium, rhodaila root, pink Himalayan salt

WATER AND CARBONATED WATER

Mai Dubai: 330 ml 10
San Pellegrino: 250 ml 12
Carafe: 15
Still or sparkling filtered water - free refill

NAI ICED TEAS

Ginger, lemongrass, honey: 25
Peach, mango, jasmine: 25
Hibiscus, pomegranate, rose: 25
Lemon, mint, orange blossom: 25

FLOW AT HOME

Single origins: 85
Speciality Coffee Beans 250 grams

SAROOG HOSPITALITY